



Workshop description: This workshop shares simple performance, movement, and storytelling activities that can be taken back to our communities as we pursue environmental justice. Knowing bodies are on the line, we will practice storytelling for activism/direct action and dynamic, effective communication. Performance opens spaces for difficult conversations and building solidarity.

*This is an accessible session for people with physical disabilities and difference, and persons experiencing illness or body pain.



Clockwise from Top L, (1) "Our Bodies, Our Stories: Intergenerational Performance Workshop for Movement Building", some participants together afterward (2) 2015 NC EJN Summit opening & awards (3) Bennett College attendees encouraging "Think Before You Pink", closing session NC EJN (4) BCA materials in partnership with NC EJN Summit (Breast Cancer and Environment, Cancer and Social Inequities, Breast Cancer and Fracking)



Our Bodies, Our Stories:

Intergenerational Workshop for Movement-Building

Pavithra Vasudevan, pavithra@email.unc.edu
Marie Garlock, marie@itisinyou.org
Visit: interplay.org, ncejn.wordpress.com

Key Questions:

- > How do we cultivate a sense of collective power?
- > How do we communicate our stories of violation and self-determination?
- > How do we access the knowledge in our bodies to call for justice?

Agenda:

Introduction, with warm-up

Body Knowing

- body data, knowledge, wisdom (risks we face, resources we carry)
 - technique: accessing body wisdom

Intergenerational Storytelling

- stories for organizing, stories for connection (telling and hearing across generations)
 - technique: 3 sentence story, generative story performance

Bodies on the Line: Performance-centered activism

- transnational and local creative action (assets: community, witness, movement, testimony, visibility, dignity)
 - technique: options and openings for embodied activism

Closing

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