

# WORKSHOP: INTERPLAY FOR CANCER CARE SETTINGS

Come relieve stress and access creativity.

Levine Cancer Institute: Morehead, Charlotte  
3rd floor, Conference Room 3035

Patients, Family and  
Friend Caregivers  
Thursday, Feb. 8  
11:30-12:30pm

Healthcare  
Providers and Staff  
Thursday, Feb. 8  
4:30-5:30pm

Led by Marie Garlock, PhD(c). We will learn skills to restore ourselves during chronic stress with movement and stillness, vocal and breath relaxation, and unique storytelling tactics. Live sound healing music by Rev. Stacy Grove. All bodies, pain, fatigue, and mobility levels welcome. No prior experience needed. Snacks provided.

InterPlay is an active, creative way to unlock the wisdom of the body. With the privacy of people in similar circumstances to you, learn refreshing, powerful ways to honor and sometimes release the many rich stories we hold as patients and caregivers, and as healthcare providers.

Sign up: [licioutreach@carolinas.org](mailto:licioutreach@carolinas.org) or 980.442.3056  
RSVP helpful by Feb. 6, walk-ins welcome

THINK  
*Treating Health Inequities  
with New Knowledge*



Carolinan HealthCare System  
Levine Cancer Institute

InterPlay  
unlock the wisdom of your body

